

## Superhero Cape

Difficulty Level: ✂✂ ✂ (out of 5)

Time Commitment🕒: approximately 2 hours??

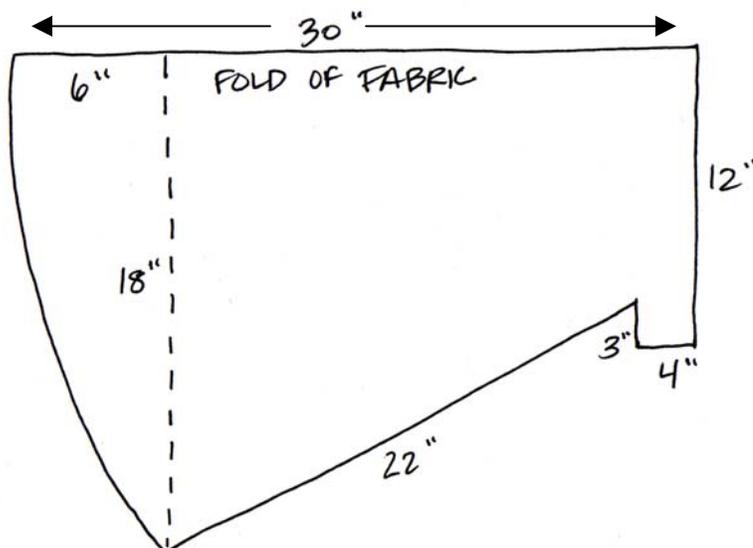
This lined and appliquéd cape can be used for your little princess, superhero, magician or sorcerer. I have included basic instructions below and another attachment with appliqué patterns for the back of the cape. Fits sizes 2-6, but can be modified to fit other sizes. If you plan to make this more than once, I recommend making a muslin pattern.

### Supplies:

- 1 yard of solid-colored fabric for the outside of the cape
- 1 yard of contrasting fabric for lining and appliqué
- Scissors (straight scissors and pinking shears preferable)
- Thread
- Velcro (2 inches of sew-on type)
- Fabric marking pen or chalk
- Straight Pins
- Fusible webbing (optional, recommended for beginners)

### Step 1: CUT FABRIC

a) Begin by cutting your solid colored fabric on the fold to the following specifications (do not cut folded edge). The 6" and 18" measurements will allow you to create the curve of the cape. You will not need to make any cuts of these measurements.



b) Then lay the cut fabric on top of the contrasting fabric and cut it to the same dimensions.

## Step 2: CUT AND SEW APPLIQUÉ

Note: If you are using fusible webbing, follow instructions on the package. I recommend this for beginning sewers or if you have never tried appliqué.

a) Choose the appliqué pattern you'd like to use from those provided or come up with your own design. Cut out a paper template and pin it to the contrasting fabric or trace around the edges with fabric marker. Carefully cut appliqué shape.

b) On the solid-colored main fabric, fold the fabric in half to find the center and measure down 12" from the top edge (slightly more if you are using the lightning bolt design). Mark this point with your fabric marker.

c) Pin appliqué fabric and make sure it is level and centered.

d) Use a zigzag stitch with a narrow width and short stitch length. Be sure to center the needle over the edge of the fabric and work slowly.

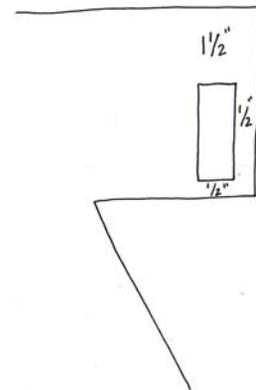
◆ BEGINNER'S TIP: *When you are sewing around something with corners, be sure to stop the machine at each corner leaving the needle in place. Turn your fabric with the needle down, making sure that the next line is centered.*

## Step 3: SEW THE FASTENER

a) Turn on the iron before this step to prepare for Step 4.

b) Cut a 2" strip of Velcro. Laying cape fabric with right side of fabric towards you, pin one side of the Velcro to the RIGHT collar edge of the cape (see illustration below). Then do the same with the contrasting fabric and pin the other side of the Velcro to the RIGHT collar edge of the contrasting fabric. You will want to position the top of the Velcro about 1 ¼" from the top edge of the fabric and ½" from the bottom.

c) Use a standard zigzag stitch on your machine to attach the Velcro.



## Step 4: PRESS COLLAR

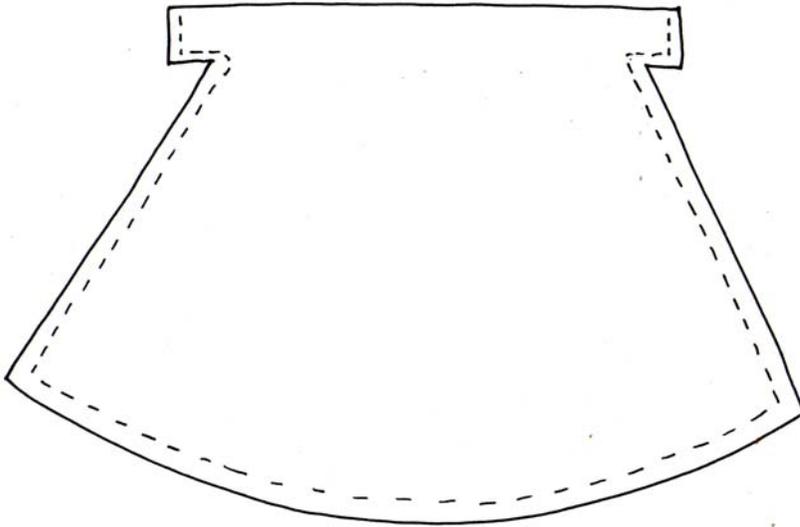
a) Using the appropriate setting on your iron, fold and press your main fabric 1" from the top fabric edge in towards the wrong side of the fabric. Iron out all the wrinkles now, being sure to iron appliqué from reverse side.

b) Do the same on the contrasting fabric (this will be your last edge to sew, so ironing in advance is helpful).

## Step 5: SEW RIGHT SIDES TOGETHER

a) With the right sides of the fabric facing one another, pin the two pieces together, being sure to line up edges.

b) Sew along collar edge just outside of Velcro, then slowly move through turn on the collar making a sharp curve. As you work your way down the body of the cape, leave a larger seam allowance to be sure that you catch both fabrics.



#### Step 6: TRIM EDGES

Trim any excess fabric from edges (preferably with pinking shears).

◆ **BEGINNER'S TIP:** *Cut closely around collar curves (leaving at least ¼" and make small notches in order to make the collar lay flat without the bulk and pull of the excess fabric.*

#### Step 7: SEW TOP OF CAPE

- a) Turn cape right side out and push out the bottom corners.
- b) Pin top edges of cape together before you start to sew.
- c) Make sure that your bobbin thread is the same color as the main thread you are using. A contrasting thread might work well here.
- d) Use a wide zigzag or other decorative stitch to sew the remaining edge.

Congratulations! You're finished.